



Supporting each families' education resource needs in light of the global challenge of COVID-19.



## Free Remote Learning Opportunities & Information

Many families with school-aged children are suddenly working from home while schools in North Carolina are also closed. The learning that is usually fostered in school is now happening at home and families are having to adjust quickly to support their children. The following (free) state and national resources have been curated to help sort through the wide variety of online learning tools.



### Keep a routine that emphasizes learning.

- Work with your child(ren) to create a schedule
- Encourage reading every day
- Emphasize literacy and numeracy but remember learning should be fun!
- Limit tablets, phones, and TV during the day
- Support child-led learning and give your child some autonomy



### But that doesn't mean the whole day has to be about replicating school.

- Don't expect children to work non-stop
- Endorse regular movement breaks and make the most of outdoor space
- Let your child get bored; that's when creativity happens
- Play with your children and have fun together



### Maintaining positive mental health is key.

- Help facilitate opportunities for virtual connection with others
- Prioritize your child's well-being...and don't forget your own
- Bond with your child; quality time reinforces learning time
- Praise children's efforts and behavior, not their achievements

\*\*\*Compiled from articles in [The Guardian](#) and [EdWeek](#).\*\*\*

**Give yourself a break:** Your child's teacher is a trained professional with expertise in content, curriculum design, classroom management, and much more. You shouldn't expect to be able to recreate the same lessons and learning experiences from your child's classroom.

## Still wondering how to support your child's learning at home?



Check out this helpful daily resource for parents, from [EdNavigator](#).



Find more learning resources, including resources for diverse learning needs, from [TNTP](#).

# North Carolina COVID-19 Response & Resources

Click [here](#) for the latest North Carolina education updates.



NORTH CAROLINA  
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North Carolina Department of  
**PUBLIC INSTRUCTION**



DIGITAL TEACHING & LEARNING

[NC Remote Learning Resources & Information](#)

OFFICE OF EARLY LEARNING & READ TO ACHIEVE

[NC Parent Resources to Support  
Learning for Children Birth-Grade 2](#)



**AT-HOME  
LEARNING**

A Free Resource from UNC-TV Public Media North Carolina

[UNC-TV is airing curriculum-related  
PK-12 educational programming via  
TV and streaming.](#)

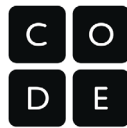


**Khan Academy:** World-renowned, non-profit, remote-learning platform for pre-K through high school students offering video tutorials, exercises, and software that will adapt to students' needs. Prior to the COVID-19 outbreak, the site had over 18 million users per month and that number has since doubled.



**Brain POP:**

K-12 content across all subject areas, also available in Spanish, free during school closures



**Code Break:**

New weekly webcast that challenges students of all coding abilities, even without a computer



**Crash Course:**

Comprehensive educational YouTube channel with videos on virtually every subject



**Edmentum:**

Resources and webinars for supporting eLearning, free during school closures



**Edmodo:**

Online learning platform and parent resources, free subscription through December 2020



**National Parks:**

Tour the country from your home! NPS Junior Ranger program is available online for many parks



**Spark:**

Remote student access to over 40,000 books, free through June 2020 with a teacher invitation



**Scholastic:**

Daily worksheets, videos, and fun online learning challenges for pre-K through 8th grade

## Education Resources by Subject



**ART**

Free [drawing lessons](#) from famous artists for kids (and the young at heart!)



**HISTORY**

[Liberty's Kids](#) YouTube Channel & [IXL Social Studies](#) interactive lessons



**MATH**

[Zearn](#) has digital K-5 math lessons with a free individual account during closures



**SCIENCE**

Former NASA engineer Mark Rober's [YouTube channel](#) & [Bill Nye, The Science Guy](#), on PBS



**STEM**

This site bills itself as the "ultimate STEM guide for kids with links to 239 cool sites"

Disclaimer: These resources are not an endorsement of any content or curriculum and are based on most recently available information (March 2020).

We hope that you and your families stay safe and healthy during this trying time.



This document was created by [BEST NC](#) and the national education non-profit network [America Succeeds](#).